

Become a Special Constable

**Are you looking for a new challenge in your life?
Do you have some spare time to fill?**

**Why not join our police family and make your
neighbourhood a safer place and volunteer as
a Special Constable?**



Devon & Cornwall
POLICE

What is a Special Constable?

A Special Constable is a volunteer police officer who is fully trained and gives their spare time to work alongside their regular police officer colleagues in their neighbourhood.

Once fully trained, you will have the same powers as a regular paid police officer and spend a minimum of 16 hours per month on duty, giving your time to protect the vulnerable, prevent and detect crime and keep your neighbourhood safe.

We need you!

Are you settled in your career? Looking for a new challenge? Have your children grown up and you now have more time to spare or maybe you are looking to give something back? If so, this volunteer role might be for you...

We are looking for honest, respectful, selfless and motivated individuals who want to make a difference to their neighbourhood and can bring life experience and life skills to help protect the people living and working in Devon, Cornwall and the Isles of Scilly.

What will I gain from being a Special Constable?

You will gain new skills and training when you join, which will continue throughout your journey within the police family. As you progress there are a variety of specialised and voluntary supervisor roles which you could try.

You will meet so many new people and build lifelong friendships. Being part of the police family means you are part of a very big team which opens up a variety of opportunities.

The role will keep you active and help to keep your fitness levels up.

You will get to make a difference to peoples lives and protect the most vulnerable in our communities which you will find incredibly rewarding and you will feel a huge sense of achievement.

You will be pushed out of your comfort zone, no two shifts are ever the same. It's not all glamour, but your team will always be there as support. You will learn new skills which you could use in your work or home life. The Special Constabulary has a rank structure so if you have good management and leadership skills there are opportunities to utilise these in supervisory roles and it will allow others who wish to progress the chance to gain great leadership skills as well.

Still reading.... Come on you can do it!

What do Special Constable do?

No shift will ever be the same and you will certainly be busy! As a SC you will be required to respond to dynamic incidents, provide victim care, prevent and detect crime, protect the vulnerable, assist in operations and much much more!

Myth Busters

I think I am too old to join:

Not at all - As long as you are over 18 years old, fit and healthy there is no upper age limit.

I am worried I won't pass the fitness test:

Don't be put off by this. We require you to do a bleep test up to or over level 5.4 where you need to run continually for 3 minutes 35 seconds with gradual increase in speed at each level. You will also be required to carry out a push and pull test and be able to swim... Nothing that a bit of advance training can't solve!

I work full time, can I still volunteer for this role?

The requirement is a minimum of 16 hours a month and these hours are flexible around your work and home life. It's surprising how easy it is to fit in around your days. There are a number of National companies signed up to the Employer Supported Policing scheme (ESP) that could allow you additional leave for policing duties and training.

I have been out of the work place for a while and lost my confidence, can I still volunteer for this role?

What better way to upskill and meet new people? Volunteer work is often looked on favourably by companies and can help you with future employment.

I won't have any powers or protective equipment:

You will have the exact same powers as a regular paid police officer and be provided with the same personal protective equipment to do this voluntary role.

I don't have any qualifications:

You don't need any qualifications to become a Special Constable, however you will need to pass an assessment centre.



"To make a **difference** in the community, to give my time to help others who may find themselves in unfortunate situations."

"I loved meeting all the people that I got to work with and I have built some **great friendships** from that."

"We deal with people from all walks of life, so **communication is key.**"

"I get so much from being a Special Constable, it is almost like having a second family, being **part of the Police family.**"

"Managing my work and home life can be tough sometimes, but the **reward** you get back from doing a shift is well worth the long hours you have to put in sometimes."



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Devon & Cornwall
POLICE

Taking
Positive Action
for a diverse and inclusive workforce